





TRAIN YOUR EYES

BRAVE ADULTS.

- Observe other children/adults around your children
- Watch out for adults/children who always want to be alone with just your child.
- Look to see if your child is consistently uncomfortable, anxious or irritable towards another adult or child



TRAIN YOUR EYES

BRAVE KIDS.

NO ONE has the right to make you feel unsafe or touch you uncomfortably. You have the right to protect of your own body.

- Watch out for anyone who tries to touch any part of your body without your permission . Especially the parts of your body covered by a bathing suit.
- Watch out for strangers asking for personal Information (address, school, phone number etc.) Walk away/don't give it away.



TRAIN YOUR GUT

BRAVE ADULT

Train to sense for grooming behaviors.

 Adults who always suggest or insist on always wanting to hold or keep a child next to them.

TRAIN YOUR GUT

BRAVE KIDS



- Leave uncomfortable situations if you can, and call or text someone when you can't
- Be aware of when you are alone with another adult or child stay near a door or room opening.
- An adult reverts to a childlike or teenlike behavior around minors. (Adults should not act like peers towards minors.)
- Another adult or child constantly speaks on behalf of your child (Train your gut to sense when your child's voice is being silenced by someone else).
- Never get into a car or private chat with a stranger.
- Train your gut to understand the difference between good secrets or bad secrets. A good secret is not scary or sad and shouldn't involve going somewhere or doing anything that makes you feel uncomfortable.



TRAIN YOUR VOICE

BAVE ADULT

Speak Up Parents!

- Tell the sitter/caretaker that you don't want your child in any uncommon space alone with them.
- Tell your children your social distancing rules.
- Talk to your children about family rules with new sitters or new family members.
- Keep the lines of communication open between you and your children. Ask your children quetions and listen to them.

BRAVE KIDS

TRAIN YOUR VOICE

- If you ever feel concerned about how someone is touching or treating you-you should go to a trusted parent or other trusted adult and tell them about it.
- If a person does something uncomfortable or that violates you, find one of those people on your "Who You Would Tell" sheet and tell them. If they don't listen to you,tell another person.
- Practice saying out loud:NO! STOP!
 Don't touch me!!!!